Together We Can Safeguard Our Water Supply

The Water Division is constantly checking water quality

Through the federal Safe Drinking Water Act (SDWA), the U.S. Environmental Protection Agency (U.S. EPA) sets national limits for hundreds of substances in drinking water and also specifies various treatments that water systems must use to remove those substances. The Meriden Water Division continually monitors for these substances, using sophisticated equipment and advanced procedures.

The public has a part to play too

The SDWA requires that we provide you with detailed information on water quality each year. We are happy to do this, because customers who are informed are our best allies in supporting improvements necessary for the long-term health of our water system. And remember—our City Council meetings are open to the public. You are always welcome to attend and to voice your views on our drinking water. For information on meeting times and location, please contact the City Clerk at 203-630-4030. For more information about contaminants and potential health effects, call the U.S. EPA's Safe Drinking Water Hotline at 800-426-4791.

Water Conservation Tips

Conservation is an important first step in preserving our water supply. Using these measures can also save you money by reducing your water and sewer bills. Here are a few suggestions.

Conservation measures you can use inside your home

- Fix leaking faucets, pipes, and toilets
- Install water-saving devices in faucets, toilets and appliances
- Replace high-water-use fixtures
- Wash only full loads of laundry
- Do not use the toilet for trash disposal
- Take shorter showers
- Do not let the water run while shaving or brushing teeth
- Run the dishwasher only when full

You can conserve outdoors as well

- Water the lawn and garden in the early morning or evening
- Use mulch around plants and shrubs
- Repair leaks in faucets and hoses
- Use water-saving nozzles and sprinkler heads
- Use water from a bucket to wash your car and save the hose for rinsing





This annual "consumer confidence report" also includes information on topics such as where our water comes from, what is being done to improve the water system, and how you can help preserve our water supply. Para acceder a este informe en español, visite https://www.meridenct.gov

Meriden Water Division Answers Your Drinking Water Questions

Q: Where does my water come from?

A: Water supplied to you from the Meriden Water Division actually has several different sources. Each of these sources is shown on the map below. These sources include four reservoirs on the Meriden-Berlin town line, the Broad Brook Reservoir on the Meriden-Cheshire town line, the Bradley-Hubbard Reservoir in the northeast corner of Meriden, and six groundwater wells located throughout the City. Depending on system requirements, the City also purchases water from the South Central Connecticut Regional Water Authority. Water from the reservoirs is treated at one of Meriden's four water treatment plants. Water from each well is treated at each individual well field. After water is treated, it is distributed to city homes and businesses through a vast network of underground pipelines.

Q: What is being done to improve the system?

A: The Meriden Water Division is constantly trying to enhance both the quality and taste of your water.

Routine maintenance such as water main flushing is performed to clean the pipes of iron and other deposits that accumulate over time. Capital improvement projects also can improve the water. The Meriden Water Division is in the process of planning an upgrade to the Elmere Water Treatment Plant. Distribution system improvements are performed on a yearly basis. These improvements include cleaning and cement lining of water mains along with valve and fire hydrant repairs or replacement.

Q: Why does the taste and odor of my water vary?

A: Water naturally varies in taste and odor at different times of the year and will vary due to different sources. Typically, taste and odor compounds in water sources are more common during the summer. Because Meriden utilizes different sources based on the need and time of the year, certain customers will notice the different tastes and odors as the sources and seasons change.

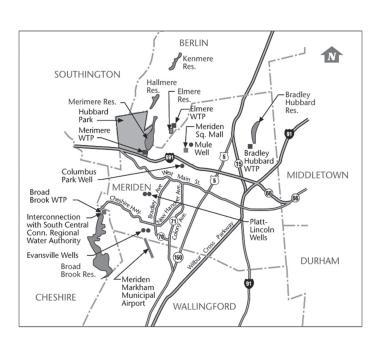
Q: Could there be lead in my water?

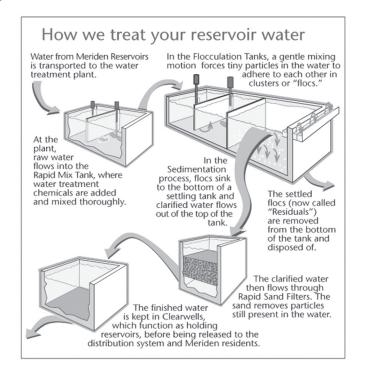
A: Lead was not detected in samples from our drinking water plants above state and federal regulated levels. The Meriden Water Division adds a phosphate-based corrosion inhibitor that aids in reducing lead and copper corrosion in the distribution system. Regularly monitored levels of the corrosion inhibitor were consistently within the range desired for corrosion control. The addition of this chemical helps to provide the safest drinking water possible.

Even though we use a corrosion inhibitor, lead can leach from common household plumbing fixtures, which is the likely cause of low levels of lead detected within our distribution system. Older homes are more likely to have fixtures that contain lead. To minimize exposure to lead in your tap water, run the water until it is cold (about 30 to 60 seconds) if it has been standing in the pipes for more than six hours.

Q: Does our water contain fluoride?

A: Fluoride is added to your water to help prevent tooth decay. Levels of fluoride are consistently within limits set by state and federal regulation.





What's In My Water? - Meriden Water-Quality Analysis

Contaminant	Date Tested	Units	MCL	MCLG	Max Detected Level	Range Detected	Major Sources	Violation
Inorganic Contaminants								
Copper	2023	mg/l	AL=1.3 (1)	1.3	0.364 (1)	0.014-1.37 (1 sample > AL)	Corrosion of household plumbing systems; erosion of natural deposits	No ⁽¹⁾
Lead	2023	mg/l	AL=0.015 (1)	0	0.0006 (1)	ND-0.0029 (1 sample > AL)	Corrosion of household plumbing systems, erosion of natural deposits	No ⁽¹⁾
Fluoride	2023	mg/l	4.0	4.0	0.96	0.31 - 0.96	Water additive which promotes strong teeth; erosion of natural deposits; discharge from fertilizer and aluminum factories	No
Nitrate	2023	mg/l	10	10	3.78	0.02 - 3.78	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits	No
Barium	2023	mg/l	2	2	0.590	0.006 - 0.590	Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits	No
Chlorine	2023	mg/l	4	4	2.2	0.02- 2.2	Water additive used to control microbes	No
Sodium	2023	mg/l	AL=100 (2)	NR	48.3	7.8 - 48.3	Stormwater runoff containing road salt	No ⁽²⁾
Total Chromium	2023	mg/l	0.1	0.1	0.002	ND-0.002	Discharge from steel and pulp mills; erosion of natural depsoits	No
Iron	2023	mg/l	NR	0.3 (3)	0.092	0 - 0.092	Naturally occurring	No ⁽³⁾
Manganese	2023	mg/l	NR	0.05 (3)	0.16	0 - 0.16	Naturally occurring	No ⁽³⁾
Sulfate	2023	mg/l	NR	250 (3)	51.2	ND - 51.2	Naturally occurring	No (3)
Chloride	2023	mg/l	NR	250 (3)	137	ND - 137	Water additive used to control microbes	No ⁽³⁾
Asbestos	2020 (4)	mfl	7	7	<0.218	<0.218	Decay of asbestos cement in water mains; erosion of natural deposits	No
Radioactive Contaminants								
Radium (combined)	2023 (4)	pci/1	5	0	1.51	<1.0 - 1.51	Erosion of natural deposits	No
Uranium	2023 (4)	ug/l	30	0	1.8	<1.0 - 1.8	Erosion of natural deposits	No
Microorganisms								
Turbidity (point of entry)	2023	NTU %>0.3	1 ⁽⁵⁾ 5% ⁽⁵⁾	NR NR	0.27 1.08%	0 - 0.27 1.08%	Soil runoff	No
Total Coliforms	2023	%	5%	0	1.30%	1.30%	Bacteria naturally present in the environment	No
Volatile Organic Contamina	nts							
Total TTHM	2023	ug/l	80 (6)	NR	52 ⁽⁶⁾	12.6 - 70.03	Byproduct of drinking water disinfection	No
Total HAAS	2023	ug/l	60 (6)	NR	30 (6)	4.8 - 37	Byproduct of drinking water disinfection	No
Unregulated Contaminants								
Contaminant	Date Tested	Units	MCL	MCLG	Average	Range Detected	Major Sources	Violation
PFBS	2023 (7)	ug/l	NR	NR	0.0034	0.0031- 0.0037	Human-made chemicals with industrial and consumer uses.	N/A
PFOS	2023 (7)	ug/l	NR	NR	0.0085	0.0074 - 0.0095		N/A
PFHxS	2023 (7)	ug/l	NR	NR	0.004	0.004		N/A
PFHxA	2023 (7)	ug/l	NR	NR	0.0058	0.0058		N/A
PFOA	2023 (7)	ug/l	NR	NR	0.0061	0.0061		N/A
PFPeA	2023 (7)	ug/l	NR	NR	0.0048	0.0048		N/A

We are pleased to report that during the past year, the water delivered to your home or business complied with, or did better than, all state and federal drinking water requirements, unless noted in the table on the left. Each year we analyze thousands of water samples for bacteria, turbidity, inorganic contaminants, lead and copper, nitrate, volatile organic contaminants, total trihalomethanes, and synthetic organic contaminants. For your information, we have listed in the table on the left the substances that were detected in our drinking water during the year. Although all of the substances listed are under the Maximum Contaminant Level (MCL) set by U.S. EPA, we believe it is important that you know exactly what was detected and how much of the substance was present in the water.

Notes:

(1) Lead and Copper are regulated by a treatment technique that requires systems to control the corrosiveness of their water. If more than 10% of tap water samples exceed the action level, water systems must take additional steps. For copper, the action level is 1.3 mg/l, and for lead is 0.015 mg/l. The 90th percentile value is used in copper and lead monitoring.

- (2) Although sodium does not have a MCL, the State requires that the water supplier provide notification to customers of levels exceeding 100.0 mg/l. Therefore, if levels of sodium were recorded from a supply source in your area you were previously provided notification of the event. Elevated levels of sodium encountered are believed to be caused by road salt.
- (3) The EPA has established these National Secondary Drinking Water Regulations (NSDWRs) for contaminants that may cause cosmetic or aesthetic effects in drinking water. These standards are recommendations, not requirements, but the City of Meriden strives to comply with them.
 (4) Asbestos is not tested for every year; the most recent results available are given.
- (5) Turbidity: As of January 1, 2002, turbidity may never exceed 1 NTU, and must not exceed 0.3 NTU in 95% of daily samples in any month.

 (6) These standards refer to locational running averages. Data from 2023 and the last three quarters of 2022 are included in figuring these averages.

 (7) The EPA established the Unregulated Contaminant Monitoring Rule (UCMR) to monitor for 30 contaminants to collect data for contaminants suspected to be present in drinking water, but that do not have health-based standards set under the Safe Drinking Water Act. EPA issues a new list of unregulated contaminants to be monitored by public water systems every 5 years. UCMR 5 is currently used to monitor for unregulated contaminants from 2013 to 2025. Unregulated contaminants are not tested for every year; the most recent results available are given. The results are from 2023 and predate the new EPA regulations for six PFAS compounds established April 10, 2024.

Key To Table

AL = Action Level

MCL = Maximum Contaminant Level MCLG = Maximum Contaminant Level Goal

NTU = Nephelometric Turbidity Units

ND = non-detectable NR= Not Regulated

mg/l = milligrams per liter

ug/l = micrograms per liter pci/l = Picocuries per liter

mfl = Million fibers per liter TTHM = total trihalomethanes

HAAS=five haloacetic acids N/A = Not Applicable

Maximum Contaminant Level Goal or MCLG: The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

Maximum Contaminant Level or MCL: The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology. Treatment Technique: A required process intended to reduce the level of a contaminant in drinking water.

Action Level: The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow

Understanding Contaminants

To ensure that tap water is safe to drink, U.S. EPA prescribes regulations limiting the amount of certain contaminants in water provided by public water systems. U.S. Food and Drug Administration regulations establish limits for contaminants in bottled water, which must provide the same protection for public health. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of these contaminants does not necessarily indicate that the water poses a health risk.

The sources of both tap and bottled drinking water include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water from these sources travels over the surface of the land or through the ground, it can acquire naturally occurring minerals (which in some cases could be radioactive) and substances resulting from the presence of animals or from a wide variety of human and industrial activities. Substances that may be present in source water include:

Inorganic Contaminants, such as salts and metals, which can be naturally occurring or may result from such things as urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, or mining. This category of contaminants also includes the pesticides and herbicides used primarily in agriculture.

Radioactive Contaminants, which can be naturally occurring or may be the result of oil and gas production and mining activities.

Microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations or wildlife.

Volatile Organic (and Synthetic) Contaminants, which are typically by-products of industrial processes and petroleum production, and may also come from gas stations, urban stormwater runoff, and septic systems.

As the table above demonstrates, the Meriden Water Division removes these contaminants prior to distribution.

Regulated Contaminants

Meriden Water Division tests for a large number of contaminants, though only detected contaminants are noted. Every regulated contaminant that we detected in the water

is listed in the water-quality table above. In 2023, the Meriden Water Division's drinking water met or surpassed all federal and state drinking water standards, unless noted in the table above.

Unregulated Contaminants

The Meriden Water Division also utilizes a phosphate-based corrosion inhibitor as part of a lead and copper control program. The Division regularly monitors ortho-phosphate total levels; during 2023, levels ranged from 0.092 mg/l to 1.45 mg/l.

PFAS Contaminants

PFAS are a group of man-made chemicals widely used since the 1940s in the manufacture of industrial and common consumer products including non-stick cookware, food packaging materials, water and stain resistant fabrics and firefighting foams. These substances are mobile and persistent once released in the environment and have been detected worldwide in the air, soil and water, including groundwater and surface waters. PFAS chemicals are so widely used in commercial and industrial products that nearly everyone worldwide has measurable levels of PFAS in their body. They have been linked to a variety of health risks.

Meriden will be working to comply with the April 10, 2024, U.S. Environmental Protection Agency announced final National Primary Drinking Water Regulation (NPDWR) for six PFAS compounds.

Health Matters

The presence of contaminants in drinking water does not necessarily indicate that the water poses a potential health threat.

A few contaminants, like copper, are in fact essential nutrients at appropriate, very low concentrations.

However, some people who drink water that contains copper in excess of the EPA's Action Level could experience gastrointestinal distress over a relatively short period of time. Over many years, ingesting water that contains copper in excess of the Action Level could lead to liver or kidney damage. People with Wilson's disease should consult their personal doctor about their water consumption.

Lead is also a concern. Infants and children who drink water containing lead in excess of the action level could experience delays in their physical or mental development. Children could show slight deficits in attention span and learning abilities. Adults who drink water containing lead in excess of the action level over many years could develop kidney problems or high blood pressure.

Some people may be more vulnerable to contaminants in drinking water than is the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium are available from the Safe Drinking Water Hotline (800-426-4791).

Source Water Assessment

Source Water Assessment Reports were completed by the Department of Public Health, Drinking Water Division for the Meriden Water Division. The assessment report can be found on the DPH's website: http://www.dir.ct.gov/dph/Water/SWAP/community/CT0800011.pdf. The assessment found that the public drinking water sources have susceptibility to potential sources of contamination, low for the reservoir sources, and ranging from moderate to high for the groundwater sources.

Source Water Protection

Source water is untreated water from streams, rivers, lakes, or underground aquifers that is used to supply public drinking water. Preventing drinking water contamination at the source makes good public health sense, good economic sense, and good environmental sense. You can be aware of the challenges of keeping drinking water safe and take an active role in protecting drinking water. There are lots of ways that you can get involved in drinking water protection activities to prevent the contamination of the ground water source. Dispose properly of household chemicals, help clean up the watershed that is the source of your community's water, attend public meetings to ensure that the community's need for safe drinking water is considered in making decisions about land use. Contact us at (water system contact information) for more information on source water protection or contact the Environmental Protection Agency (EPA) at 1.800.426.4791. You may also find information on EPA's website at https://www.epa.gov/ source water protection.

Lead Health Effects

Lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. Meriden Water Division is responsible for providing high quality drinking water and removing lead pipes, but cannot control the variety of materials used in plumbing components in your home. You share the responsibility for protecting yourself and your family from the lead in your home plumbing. You can take responsibility by identifying and removing lead materials within your home plumbing and taking steps to reduce your family's risk. Before drinking tap water, flush your pipes for several minutes by running your tap, taking a shower, doing laundry or a load of dishes. You can also use a filter certified by an American National Standards Institute accredited certifier to reduce lead in drinking water. If you are concerned about lead in your water and wish to have your water tested, contact Meriden Water Division at 203-630-4256. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available at http:// www.epa.gov/safewater/lead.