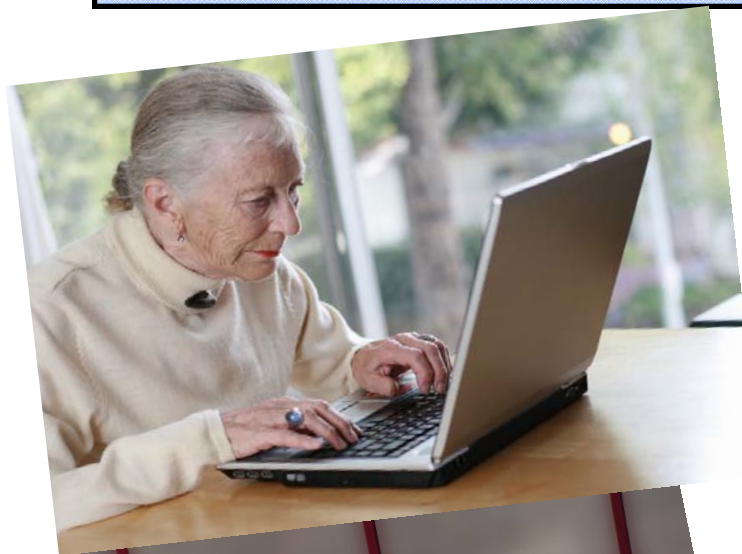


City of Meriden

Senior Service

Directory



**A resource guide for
seniors living in
Meriden, Connecticut
2010**



HUNTER'S AMBULANCE

*Proud to Serve the
Citizens of the City of Meriden
In Providing Emergency &
Non-Emergency Transportation*

**Ambulances * Medical Assist Livery
Wheel Chair Vans * Sedans
Limousines
Executive and Limousine Coaches
Special Needs School Buses**

EXECUTIVE OFFICE:

450-478 West Main Street, Meriden, CT 06451

Phone: (203)235-3369 * 1-800-262-4782

SERVING YOU FROM FIVE SATELLITE LOCATIONS

**Meriden
(203) 235-3369**

**Wallingford
(203) 269-6586**

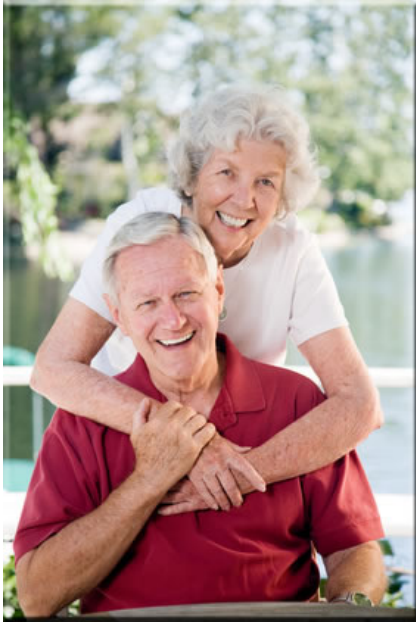
**Middletown
(860) 346-9627**

**Berlin
(860) 828-8909**

**New London
(860) 443-1212**

“Concern for Others” since 1963
Visit us at www.huntersamb.com

Directory of Services for Meriden Senior Citizens - 2010



About this Directory

This booklet is a resource guide for senior citizens, caregivers and service providers who live or provide services in the city of Meriden. While we try to include as many community agencies as we can in this booklet it is not a complete listing. Please contact each agency listed in this directory if you are interested in services they offer.

Acknowledgements

Thank you to the following individuals who made this directory possible:

Julianne Johnson
Meriden Health Department
Division of Social Services

Jackie Hackbarth
MidState Medical Center
LaPlanche Clinic

Rita Kowalchik
Meriden Health Department
Division of Social Services

John Hogarth
Max E. Muravnick Meriden Senior
Citizens' Center

Scott Hayes

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**Please note - the layout of this online booklet is different than the print version; topics may be on different pages

Important Phone Numbers

AARP Connecticut State Office	860-240-7544
<u>ALL EMERGENCIES</u> - Ambulance, Police, Fire	9-1-1
Alzheimer's Association 24/7 Helpline	1-800-272-3900
Hunter's Ambulance Emergency calls	203-235-4441
Non-emergency calls	203-235-3369
Infoline	2-1-1
Masonicare Helpline	1-888-679-9997
Max E. Muravnick Meriden Senior Citizens' Center	203-237-0066
Mayor's Hotline	203-630-4000
Meriden Fire Department Non-emergency calls	203-235-2535
Meriden Health Department	203-630-4226
Meriden Police Department Non-emergency calls	203-238-1911
Midstate Medical Center Main number	203-694-8200
Emergency Department	203-694-5701
Protective Services for the Elderly Community	860-704-3046
Nursing Home	860-612-3573
Social Security	1-800-772-1213 877-409-8429

Adult Day Care



Adult day care is a community-based group program designed to meet the needs of adults with functional impairments through an individual plan of care. It is a structured, comprehensive program that provides a variety of health, social and related support services in a protective setting during any part of a day but less than 24-hour care.

**Alzheimer's Resource Center
Adult Day Program**

860-628-3069

1261 South Main Street, Plantsville, CT 06479
Monday - Friday, 8:00am - 4:00pm

**Daily Activities for Independence
Wallingford Senior Center**

**203-265-7753
ext. 205**

238 Washington Street, Wallingford, CT 06492
Monday - Friday, 9:00am - 2:15pm

DayTymers at Heritage Commons

860-344-1221

38 Boston Road, Middletown, CT 06457
Monday - Friday, 8:30am - 4:30pm

**Mulberry Gardens of Southington
Adult Day Center**

860-276-1020

58 Mulberry Street, Southington, CT 06479
Monday - Friday, 8:00am - 8:00pm
Saturday 8:00am - 2:00pm

The Day Club Adult Day Center

860-632-1119

32 Miner Street, Middletown, CT 06457
Monday - Friday, 7:00am - 5:00pm

Behavioral Health

Masonicare Behavioral Health Physicians

203-265-5720

67 Masonic Avenue, Wallingford, CT 06492

Outpatient psychiatric and behavioral health, geriatric care.

MidState Bereavement Support Group

203-694-8369

435 Lewis Avenue, Meriden, CT 06451

Open bereavement support group for persons of all faiths. Meets on the 2nd and 4th Tuesday from 5:30pm - 6:30pm in the chapel of MidState Medical Center. No charge or need to pre-register.



Franciscan Home Care and Hospice

203-238-1441

267 Finch Avenue, Meriden, CT 06451

ext. 216

The P.I.E. (Promoting Independence for Elders) program assists low income and minority adults aged 60 and over by assessing needs and making regular personal contacts. Services are available in Spanish and English.

Rushford

883 Paddock Avenue, Meriden, CT 06450

Older Adult Services

203-630-5280

24 Hour Crisis Hotline

1-800-567-0902

Clubs and Organizations

American Association of Retired Persons (AARP)

AARP Chapter #2954

203-237-0066

22 West Main Street, Meriden, CT 06451

Meets on the second Wednesday of each month at 1:30pm at the Senior Center. Activities include trips, speakers, community service programs, AARP Driver Safety Course and seasonal tax assistance.

AARP Castle Craig Chapter

203-237-0824

Baptist Memorial Hall

460 Broad Street, Meriden, CT 06450

Meets on the 2nd Thursday of each month at 2:00pm. Offers the same activities as the AARP Chapter #2954 listed above.

- Friendship Club** **203-238-6821**
 883 Paddock Avenue, Meriden, CT 06450
 A social club for adults with mental health needs in the Meriden/
 Wallingford area. Meets Monday - Saturday, call for times.
- Meriden Antique Veterans** **203-634-0474**
 22 West Main Street, Meriden, CT 06451
 Open to any veteran, honorably discharged or active, male or female.
 Meets each Thursday at 9:30am at the Senior Center. Club members participate in parades and military ceremonies with color guard, bugler and firing squad.
- Meriden Grandparents Connection** **203-630-4222/4244**
 This group provides education, support, and socialization for grandparents raising their grandkids. Meets at the Senior Center the 3rd Wednesday of each month at 11:30am.
- MidState Medical Center Prestige Club™** **203-694-8733**
 The Prestige Club™ offers informational, educational and recreational programs designed to enhance your lifestyle and meet your changing healthcare needs.
- Salvation Army Ladies Home League** **203-235-6532**
 St. Casimir Drive, Meriden, CT 06450
 Meets every Wednesday at 1:00pm.
- Silver City Red Hat Society** **203-235-4719**
 22 West Main Street, Meriden, CT 06451
 A fun and friendly social club for women over 50. Meets on the 3rd Monday of each month, 1:00pm at the Senior Center.
- Tri-Town Golden Kiwanis** **203-634-6461**
 Sans-Souci Restaurant, 2003 N. Broad St, Meriden, CT 06450
 Meets every Wednesday at 12:00. Activities include speakers, community service projects and fund raising events to benefit local charities.
- Y's Men of Meriden** **203-235-6386**
 Meriden YMCA, 110 West Main Street, Meriden, CT 06451
 A club established for fellowship, entertainment and the exchange of ideas for retired men in the Greater Meriden area. Meets every Tuesday, September through May, at 10:00am.

Young at Heart Group

203-237-0300

Group activities include lectures/discussions, field trips, luncheons, sing-a-longs and more. Open to area seniors aged 55 and over. Call for meeting dates and times.



Disability Services

Board of Education and Services for the Blind

1-800-842-4510

Provides a comprehensive program of services for legally blind individuals and visually impaired persons.

Commission on Human Rights and Opportunities

1-800477-5737

860-541-3400

Handles discrimination complaints based on race, sex, age, physical disability and national origin to enforce equal opportunity statutes.

Max E. Muravnick Meriden Senior Citizens' Center

203-237-0066

Applications for handicapped parking permits are available at the center.

Employment

Connecticut Labor Department

203-238-6148

85 West Main Street, Meriden, CT 06451

CT Works

203-238-3688

85 West Main Street, Meriden, CT 06451

Maturity Works

203-610-8520

Senior Community Services Employment Program

Training opportunities available for income eligible people aged 55 and over.

Senior Companion and Foster Grandparent Programs

203-752-3059

Agency of Aging of South Central CT

One Long Wharf Drive, New Haven, CT 06511

Positions available for income eligible people 55 and over providing assistance and companionship to people in need.

Energy Assistance

New Opportunities of Greater Meriden

203-235-0278

74 Cambridge Street, Meriden, CT 06450

Accepts energy assistance applications seasonally. Appointment required.
Open Monday - Friday.

Salvation Army

203-235-6532

St. Casimir Drive, Meriden, CT 06450

May provide assistance with payment of utilities and first month's rent.



Financial Assistance

ConnPACE

1-800-423-5026

(Connecticut Pharmaceutical Assistance Contract to the Elderly and Disabled)

Prescription drug assistance administered by the CT Department of Social Services that helps financially eligible seniors or disabled citizens pay part of the cost of certain prescription drugs, insulin, and insulin syringes. Applications are available at the Senior Center and Meriden Health Department.

Property Tax Relief

City Hall 142 East Main Street (homeowners)

203-630-4065

Senior Center 22 West Main Street (renters)

203-237-0066

Provides eligible homeowners with a partial refund on local property taxes; eligible renters with money back on their annual rent and utilities.

Social Security Administration

1 West Main Street, Meriden, CT 06451

1-800-772-1213

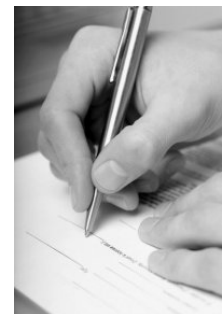
877-409-8429

State of CT Department of Social Services

860-704-3100

117 Main Street Ext., Middletown, CT 06457

Administers income eligible programs providing assistance for financial, medical and nutritional needs.



Health Insurance Advocacy

Agency of Aging of South Central CT

CHOICES Program

203-238-6148

(Connecticut programs for **H**ealth Insurance Assistance, **O**utreach, **I**nformation, **C**ounseling, and **E**ligibility **S**creening). CHOICES counselors provide the necessary information and assistance to enable customers to make informed insurance choices.

Center for Medicare Advocacy

1-800-262-4414

P.O. Box 350, Willimantic, CT 06626

Free legal assistance, information and representation to all Connecticut residents denied Medicare coverage.

Masonicare Community Services

1-800-982-3919

Free statewide outreach for any Connecticut resident by phone or home visit. Services include prescription assistance, benefits eligibility, Medicare, Medicaid insurance assistance.

Health Services

Alzheimer's Association 24/7 Helpline

1-800-272-3900

Community Health Center, Inc.

134 State Street, Meriden, CT 06450

Medical 203-237-2229

165 Miller Street, Meriden, CT 06450

Dental 203-639-3500

Comprehensive primary and preventative health, dental health and behavioral health for adults and children. Bi-lingual staff are available.

Connecticut Center for Healthy Aging

860-276-5293

Bradley Memorial Campus

81 Meriden Avenue, Southington, CT

Resources and education for seniors and their families on aging issues.

Home Medical Alert Program

Masonicare Lifeline

203-679-5552

Direct Link

203-269-5552

VRI

1-800-860-4260 ext. 130

Home Medical Alert Programs offers you a choice of personal emergency systems at the touch of a button.

- LaPlanche Clinic** **203-237-0300**
 22-26 West Main Street, Meriden, CT 06451
 Located in the Senior Center, the clinic provides health screenings, special education programs and nutritional guidance. Sponsored by MidState Medical Center; appointments suggested.
- Masonicare Health Center - Outpatient Services**
 22 Masonic Avenue, Wallingford, CT 06492
- Audiology/Hearing and Balance **203-679-5959**
 - Physical/Occupational/Speech/ **203-679-6909**
 - Low Vision Therapy
 - Gastroenterology Services **203-679-5902**
 - and other specialists
- Masonicare Pathways Program** **203-679-6370**
 67 Masonic Avenue, Wallingford, CT 06492
 Helps evaluate the medical, physical, psychological and functional needs of older adults. Provides referrals for seniors to appropriate community services.
- Mediquick** **203-694-5350**
 61 Pomeroy Avenue, Meriden, CT 06450
 An urgent care clinic operated by MidState Medical Center. Open Monday - Friday 6:00am-11:30pm, weekends and holidays 8:00am - 7:30pm; no appointment necessary.
- MedOptions Memory Center** **800-370-3651**
 Luther Ridge, 628 Congdon St. West, Middletown, CT 06457
 Neuro-cognitive evaluations for assisted living and nursing home residents.
- Meriden Department of Health and Human Services** **203-630-4234**
 165 Miller Street, Meriden, CT 06450
 Provides health information, blood-pressure checks, counseling, immunization and referrals.
- MidState Medical Center** **203-694-8200**
 435 Lewis Avenue, Meriden, CT 06451

Help at Home

Assisted Living Services, Inc. 203-634-8668
128 Broad Street, Meriden, CT 06450

Chore Project for Elders 203-235-0278 ext. 26
New Opportunities of Greater Meriden
Persons 60 and over can call between 9:00am and 1:00pm for assistance with house cleaning, grocery shopping, laundry, yard work and minor home repairs.

Comfort & Care of Wallingford 203-265-4745
273 North Main Street, Wallingford, CT 06492

Comfort Keepers 203-697-1030
157 South Orchard Street, Wallingford, CT 06492

Companions & Homemakers 860-346-4663
330 Main Street, Middletown, CT 06457

Connecticut Home Care Program For Elders 203-752-3040
Provides case management and home care services to older persons who are income and medically eligible in order to remain at home and avoid unnecessary or premature nursing home care.

Franciscan Home Care & Hospice Care 203-238-1441
267 Finch Avenue, Meriden, CT 06451

Griswold Special Care 203-237-1800
71 Catlin Street, Meriden, CT 06450

Homecare Connection 860-635-5009
32 Miner Street, Middletown, CT 06457

Homecare Store & Moving Service 860-344-0005
80 East Main Street, Middletown, CT 06457

Masonicare at Home 203-679-5888
Cheshire Road, PO Box 70, Wallingford, CT 06492

Masonicare Home Health & Hospice 33 N. Plains Industrial Road, Wallingford, CT 06492	1-800-528-6664
Visiting Companions & Home Care LLC PO Box 2545, Meriden, CT 06450	203-440-3501
Visiting Nurse Assoc. of Central CT 205 West Main Street, New Britain, CT 06052	203-686-1934
Visiting Nurse Service of Southern CT 852 East Main Street, Meriden, CT 06450	203-686-1934
VNA Healthcare 103 Woodland Street, Hartford, CT 06105	860-249-4862

Housing

Assisted Living:

Luther Ridge 628 Congdon Street West, Middletown, CT 06457	860-347-7144
Masonicare at Ashlar Village Cheshire Road, Wallingford, CT 06492	1-800-382-2244
The Village at Kensington Place 511 Kensington Avenue, Meriden, CT 06451	203-235-0181

Convalescent Homes:

Apple Rehab - Cocomo 33 Cone Avenue, Meriden, CT 06450	203-238-1606
Connecticut Baptist Home 292 Thorpe Avenue, Meriden, CT 06450	203-237-1206
Curtis Home, St. Elizabeth Center 380 Crown Street, Meriden, CT 06450	203-237-4338
Masonicare Health Center 22 Masonic Avenue, Wallingford, CT 06492	203-679-5901

Meriden Center 845 Paddock Avenue, Meriden, CT 06450	203-238-2645
Miller Memorial Community 360 Broad Street, Meriden, CT 06450	203-237-8815
Silver Springs Care Center 33 Roy Street, Meriden, CT 06450	203-237-1206
<u>Residential Care Homes:</u>	
The Bradley Home 320 Colony Street, Meriden, CT 06451	203-235-5716
Connecticut Baptist Home 292 Thorpe Avenue, Meriden, CT 06450	203-237-1206
The Corner House 203-237-2257 1 Griswold Street, Meriden, CT 06451	
Curtis Home 203-237-4338 380 Crown Street, Meriden, CT 06450	
East Ridge Manor 203-634-0564 43 Preston Avenue, Meriden, CT 06450	
Heritage Commons 38 Boston Road, Middletown, CT 06457	860-344-1221
Masonicare Wright Residence Masonic Avenue, Wallingford, CT 06492	888-679-9997
Silver Manor Home for the Aged 128 Curtis Street, Meriden, CT 06450	203-237-1671
Westfield Care 65 Westfield Road, Meriden, CT 06450	203-238-1291



Independent Living:

Carabetta Management Co. **203-237-7400**
200 Pratt Street, Meriden, CT 06450
Subsidized low-cost apartments for the elderly and disabled.

Cedar Ridge **203-237-1206**
292 Thorpe Avenue, Meriden, CT 06450
A moderately priced retirement community.

Charles Street Place **203-686-1015**
122 Charles Street, Meriden, CT 06450
Affordable housing, handicapped accessible units.

Masonicare Health Center **888-679-9997**
22 Masonic Avenue, Wallingford, CT 06492

Masonicare at Ashlar Village
800-382-2244
Cheshire Road Box 70
Wallingford, CT 06492



Meriden Housing Authority
203-235-0157
22 Church Street, Meriden, CT 06451
Subsidized low-cost housing in
apartments especially designed for the elderly.

Emergency Housing:

American Red Cross **203-787-6721**
703 Whitney Avenue, New Haven, CT 06511
Provides emergency housing after disasters.

Shelter Now **203-237-4020**
43 St. Casimir Drive, Meriden, CT 06450
Temporary emergency housing for people aged 18 years and over,
families included.

Legal Services

Center for Medicare Advocacy

1-800-262-4414

P.O. Box 350, Willimantic, CT 06626

Free legal assistance, information and representation to all Connecticut citizens denied Medicare coverage.

New Haven Legal

203-946-4811 ext. 155

Assistance Association, Inc.

426 State Street, New Haven, CT 06510

Provides legal services for low-income seniors in areas such as housing, health care and family law.

Statewide Legal Services of Connecticut

800-453-3320

860-344-0380

425 Main Street, 4th Fl, Middletown, CT 06457

Provides free legal services to income-eligible Meriden residents. Call the intake line between 9:00am and 3:00pm for more information.

Library Services

Meriden Public Library

203-238-2344

105 Miller Street, Meriden, CT 06450

Computer/internet access and assistance and a Family Health Information Center are available.

Tremaine Resource Center

203-694-8131

MidState Medical Center, 435 Lewis Ave., Meriden, CT 06450

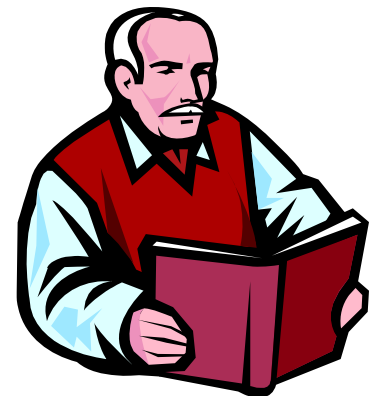
Open to the general public Monday - Friday, 8:00am-4:00pm.

Center for Successful Aging

203-630-4222

22 West Main Street, Meriden, CT 06451

Located at the Meriden Senior Center, the Center assists seniors and caregivers in exploring and accessing resources that promote successful and healthy aging.



Friends of the Meriden Public Library**203-639-1505**

Bookstore: 35 West Main Street, Meriden

The Friends raise funds through a variety of avenues to support programming and improvements at the Meriden Public Library. Visit them online at www.friendsofmpl.com.

Nutrition

Diabetes & Nutrition Center**203-694-5425**

61 Pomeroy Avenue, Meriden, CT 06450

MidState Medical Center's registered dietitians can answer your dietary questions over the phone. Outpatient dietary counseling is also available for a fee by self or doctor's referral.

Hispanic Elderly Nutrition Program**203-238-0430**

204 Colony Street, Meriden, CT 06451

Donations for services suggested; open Monday-Friday, 8:30am-1:30pm.

Meriden Senior Citizens' Center**203-235-8052****Elderly Nutrition Program**

22-26 West Main Street, Meriden, CT 06451

Monday-Friday, 11:30am - 12:30pm. Donations suggested.

Meriden Senior Citizens' Center**203-238-7743****Meals-on-Wheels Program**

Home delivered meals available for the elderly and disabled. Available 5 or 7 days per week, fees are charged; some subsidized meals are available.

**Operation Pantry: New Opportunities of Greater Meriden****203-235-0278**

74 Cambridge Street, Meriden, CT 06450

Monday, Wednesday, Friday, 9:00am-1:30pm. Social Security card, proof of income, proof of birth, proof of Meriden residency and photo ID required. Pantry may be used once every 3 months.

Salvation Army Food Pantry**203-235-6532**

St. Casimir Drive, Meriden, CT 06450

Tuesday & Thursday, 9:00am-11:00am and 1:00pm-3:00pm. Same requirements as Operation Pantry listed above.

Meriden Soup Kitchen

First Baptist Church, 460 Broad Street, Meriden, CT 06450
Serves free meals Monday - Friday, 11:00am - 12:30pm.

Salvation Army Nutrition Program

203-235-6532

St. Casimir Drive, Meriden, CT 06450

A soup kitchen is available Saturday at noon and Sunday at 2:00pm.

Recreation

Augusta Curtis Cultural Center, Inc.

203-639-2856

175 East Main Street, Meriden, CT 06450

Hunter Memorial Golf Course

203-634-3366

688 Westfield Road, Meriden, CT 06450

Offers special rates for senior citizens.

Meriden Parks and Recreation Department

203-630-4259

Pools are open Monday, Wednesday, and Thursday 6:30-7:45pm;
Saturday and Sunday 12:00pm-2:45pm. Pool passes are \$10 for Meriden
residents and can be purchased at the Parks office, 460 Liberty Street.

Meriden Senior Citizens' Center

203-237-0066

22-26 West Main Street, Meriden, CT 06451

Hosts recreational activities and classes including art, aerobics, ceramics,
weight training, line dancing, tai chi, yoga, knitting and crocheting, sewing,
crafts, cards, pool tables, woodcarving, trips and more.

Meriden YMCA

203-235-6386

110 West Main Street, Meriden, CT 06451

The Meriden YMCA offers the Healthways SilverSneakers[®]
Fitness Program and SilverSplash aqua-aerobics. Insurance may cover
these programs; the YMCA also offers special membership rates for
seniors. Events and guest speakers are featured throughout the year.

Quinnipiac River Linear Walking Trail

Located at the corner of Rt. 70 and Oregon
Road, South Meriden. This 2.6 mile out and back
paved walking trail runs along side the
Quinnipiac River; the trail is marked every 1/4
mile. Benches are available to sit, relax, and enjoy the view.



Respite Care

Respite care is available to assist primary caregivers of chronically ill or homebound individuals. Caregivers can arrange temporary short-term stays at nursing homes for clients on a planned basis.

Agency on Aging of South Central CT **203-785-8533**
Alzheimer's Respite Program

Can provide funds for respite services if financially eligible.

Apple Rehab - Cocomo **203-238-1606**
33 Cone Avenue, Meriden, CT 06450

Bradley Home Pavilion **203-235-5716**
320 Colony Street, Meriden, CT 06451

Curtis Home **203-237-4338**
380 Crown Street, Meriden, CT 06450

Meriden Center **203-238-2645**
845 Paddock Avenue, Meriden, CT 06450

Miller Memorial Community **203-237-8815**
360 Broad Street, Meriden, CT 06450

Silver Springs Health Center **203-237-8457**
33 Roy Street, Meriden, CT 06450

Westfield Care **203-238-1291**
65 Westfield Road, Meriden, CT 06450

Transportation

American Cancer Society **203-379-4700**

538 Preston Avenue, Meriden, CT 06450

Volunteer drivers provide transportation for cancer patients to medical appointments. Advance notice is requested.

Amtrak **1-800-872-7245 or 203-235-3402**
Special senior citizen discounts for people 62 and older. Seniors needing special assistance should make advance arrangements by calling the toll-free number.

Hunter's Ambulance Service **203-235-3369**
450 West Main Street, Meriden, CT 06451
Wheelchair and medical livery services are available.

Interfaith Volunteer Care Givers **203-230-8994**
30 Gillies Road, Hamden, CT 06517
Provides transportation to out-of-town medical appointments. One week advance notice is requested; donations accepted.

Master's Manna **203-889-8003**
46 N. Plains Industrial Road, Wallingford, CT 06492
Provides transportation to out of town medical appointments. One week advance notice is requested; donations accepted.

Meriden Senior Center Mini Bus Program **203-237-3338**
22-26 West Main Street, Meriden, CT 06451
Transportation for Meriden residents aged 55 and over and the disabled to the Senior Center, Hispanic Elderly Nutrition Program, medical appointments, grocery shopping and convalescent home visits. The buses are wheelchair lift equipped; 24 hour advanced notice is required for transportation.



Meriden Transit District **203-235-6851**
22 West Main Street, Meriden, CT 06451
Weekday Meriden bus service with connections to Wallingford, New Haven, New Britain and Middletown. Hartford commuter bus, weekly and monthly passes available at the Senior Center. Special fare for senior citizens 65 and older with Medicare card or Transit ID card. For an application for a reduced fare photo ID card call (860) 522-8101.

Northeast Transportation Company

1-800-441-8901

ADA Paratransit Program

Provides local curb to curb paratransit service to a variety of destinations. Riders must complete an application to verify that a disability makes it difficult to use the fixed route bus service. Fees are charged. Applications are available at the Senior Center and Meriden Health Department, 165 Miller Street.

RSVP Of Central Connecticut

860-224-7117

147 West Main Street, New Britain, CT 06050

Provides transportation to out-of-town medical appointments. One week advance notice is requested; donations accepted.

Veterans' Information

Local Veterans' Hospitals

West Haven VA **203-932-5711**

Newington VA **860-666-6951**

**Rocky Hill, Veterans' Home
and Hospital** **860-529-2571**

Meriden Antique Veterans

203-634-0474

Open to any veteran, honorably discharged or active, male or female. Meets each Thursday at 9:30am at the Senior Center. Participates in parades and military ceremonies; color guard, bugler and firing squad for funerals and other events.

**VARO (Veterans' Administration
Regional Office)**

203-294-2165

Provides information on claims and benefits.

Veterans' Service Center

203-294-2165

45 South Main Street, Wallingford, CT 06492

Information on veterans' benefits and services. Open Monday & Thursday, 9:00am-4:00pm, Tuesday & Wednesday 9:00am-12:00pm, closed Fridays. Office hours are available at the Senior Center on the third Tuesday of each month from 11:30am - 1:00pm.



Volunteer Opportunities

Foster Grandparent Program & Senior Companion Program	203-752-3059
Interfaith Volunteer Care Givers	203-230-8994
Masonicare Volunteer Office	203-679-6253
Meriden Board of Education	203-634-7985
MidState Medical Center	203-694-8275
Retired and Senior Volunteer Program	860-224-7117
Senior Buddy Readers	203-630-3566
United Way Volunteer Center	203-235-4403

Seniors are...



Special People!



With world-class service, and the encouragement and support of our caring team, The Village at Kensington Place is the perfect place to celebrate life with friends.

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ASSISTED LIVING • MEMORY CARE



Assisted Living SERVICES, INC.

PCA's • Live-in Companions • Homemakers • Technology Solutions
Providing in-home eldercare services throughout Connecticut since 1996

SPOTLIGHT ON CAREGIVERS



Mrs. Helen K. & Grace Ho

Grace has been Helen's Personal Care Assistant. She has been incredibly reliable - visiting nearly every day for almost 5 years! Grace has enjoyed her time with Helen and the two of them have adorned the house with the most spectacular orchids.

CLIENT QUOTE: *"Grace is my right arm, I couldn't do it without her."*

Abigail has been providing services that help Dorothy remain very independent at her Assisted Living community. Recently "Abby" made it possible for Dorothy to attend her Granddaughters wedding in Cape Cod. They had a wonderful time!

CLIENT QUOTE: *"I love Abby like family."*



Abigail Boeteng & Mrs. Dorothy B.

Assisted Living Services, Inc. ...because HOME is where your HEART is!

Homemakers & Personal Care Attendants

Our staff are committed to assist you in keeping a clean & safe home environment. We can also help you with personal care, laundry, food preparation, taking you to doctors appointments, shopping, and on errands.

Live-in Caregivers

There are times when our customers need 24 hour/7 day a week coverage to assure that they can continue to live in their homes safely. Our Live-in Companions and P.C.A.'s are formally trained in a Home Health Aid or Nurse Aid Training Program. We encourage families to meet and participate in selecting a caregiver that will be perfect for the unique needs of your loved one.

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